

Smart Strategies

Solutions for Workplace Challenges



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Greetings!

Looks like spring has finally arrived! Hope you're enjoying the great weather.

For those of you in the Capital Region we have some upcoming public training programs you can attend. We rarely have programs open to the public, so I hope you'll sign up! Our first one is coming up soon - Dealing with Difficult Behavior - on May 3rd in Clifton Park. **Early bird registration ends on April 26th** so be sure [to sign up today!](#)

Also in this issue, a few new blogs on leadership, time management and dealing with difficult people. Let me know what you think of our new format - we've switched from long articles, to short excerpts linked to blogs to make this easier to scan. I know you're all busy!

A handwritten signature in blue ink that reads 'Alan'.

Alan Krieger

As always, would love to hear your [feedback](#) and

[Difficult Behavior](#)

May 3rd, 2016
Prince of Peace Lutheran
Church, Clifton Park

Early Bird Price: \$59.00

[Declutter Your Work Space - Systems for Staying Organized](#)

May 12, 2016
Good Shepherd Lutheran
Church, Loudonville

Early Bird Price: \$59.00

[Discover SoulCollage® A Window to Your Soul](#)

May 14, 2016
Saratoga Springs United
Methodist Church,
Saratoga Springs

Early Bird Price: \$59.00

[Beyond Words: A Guided Tour of Visual Journaling](#)

May 21, 2016
Saratoga Springs United
Methodist Church,
Saratoga Springs

Early Bird Price: \$59.00

[Building Strong, Engaged Boards](#)

feel free to forward this to your colleagues.



Spring Workshop Series

Join us for one or more of our public workshops this spring. Designed to address issues of value to you and your organization, these half-day workshops will bolster your business acumen, organize your workspace and even silence the busyness with sessions focusing on spirituality. See featured workshops and dates to the left or [visit our website for more information](#).

We are teaming up with the Capital Region Theological Center (CRTC) to bring you this new training series.

Work/Life Balance - Monkey Mind Part 2

I hope you found the [monkey mind blog](#) we listed in March helpful in better managing your time. If your mind jumps around like mine does, you might find **part two** to be even more helpful. This article focuses on how the Monkey Mind tries to derail me by focusing me on all the many many things I have still left to do! Sound familiar?

[Read more](#) about it here.

Bosses Who Demotivate

This was originally published in the Association Resource, the newsletter of the Empire State Society of Association Executives (ESSAE), but since that's for members only, I thought I'd share it with you as well.

May 25, 2016
Lynnwood Reformed
Church, Guilderland

Early Bird Price: \$59.00

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of these articles as long as
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to me at alan@krsol.com:

Many leaders have good intentions, but then go and act in ways that actually demotivate their staff. If you're a leader, this article could be a wake up call! If you have a demotivating boss, this may give you some insights into why they act the way they do.

Let me know what you think about this and whether you recognize any of these behaviors in your boss or in yourself. [Read it here.](#)

Difficult People

Difficult People - we've done several articles on this topic, but there's always more to look at. [Send me](#) a description of some difficult people you find challenging - describe what they do and what the impact of this is and I'll give you some suggestions about how to approach this. I won't share anything you send without your explicit permission. I will treat it confidentially, so you don't have to worry about sending it in. Free advice! For more free advice, [see our latest blog on difficult people](#). Or, if you're willing to pay a small amount and live in the Capital District, [sign up for our class on May 3](#).

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